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# Resource Labels

Review resource labels to identify which resources you are eligible for.

# Food & Financial Resources

Review resource labels to identify which resources you are eligible for.

# **Contact Us**

Please reach out to the point of contact (POC) email for questions or to add resources to the current food guide.

# Resource Labels

Resources are color-coded to identify who qualifies for benefits. The colored circles to the right of each resource match the groups below.

# **Service Members**

INCLUDES SERVICE MEMBERS FROM ANY BRANCH WHO ARE ACTIVE-DUTY, RESERVE OR NATIONAL GUARD

# **Veterans**

INCLUDES THOSE WHO ARE SEPERATED OR RETIRED FROM SERVICE WITH A DD214 AND/OR VETERAN ID

# **Retirees**

INCLUDES THOSE WHO ARE
RETIRED FROM SERVICE WITH A
DD214 AND/OR VETERAN ID
CARE

# **Family Members**

INCLUDES SPOUSES AND DEPENDENTS OF SERVICE MEMBERS

# Civilian Employees

INCLUDES GS OR CONTRACT EMPLOYEES WHO WORK ON HILL AFB

# **All Groups Qualify**

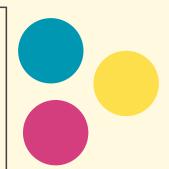
ALL GROUPS ARE ELIGIBLE. SEE INDIVIDUAL PROGRAM DETAILS TO DETERMINE IF THERE ARE AGE OR FINANCIAL REQUIREMENTS.

# FOOD & FINANCES RESOURCES



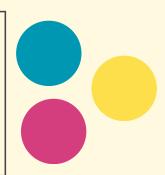
# **MILITARY AND FAMILY READINESS**

PROVIDES ONE ON ONE FINANCIAL COUNSELING CONCERNING BUDGETS, CREDIT AND DEBIT MANAGEMENT AND PULL CREDIT REPORTS AMONG OTHER SERVICES FOR OUR MILITARY, RETIREES AND DEPENDENTS.



# **AIR FORCE AID SOCIETY**

THE AIR FORCE AID SOCIETY'S MISSION IS TO SUPPORT AIRMEN AND ENHANCE THE AIR FORCE MISSION BY RELIEVING EMERGENCY FINANCIAL DISTRESS, HELPING AIRMEN'S FAMILIES ACHIEVE THEIR EDUCATIONAL GOALS AND IMPROVING THEIR QUALITY OF LIFE THROUGH PROACTIVE PROGRAMS.



# **EMPLOYMENT ASSISTANCE PROGRAM**

THE DFAS PROGRAM PROVIDES FREE, CONFIDENTIAL RESOURCES TO SUPPORT EDUCATION GOALS FOR YOU AND YOUR HOUSEHOLD MEMBERS. THEY PROVIDE COACHING SUPPORT, POST-SECONDARY PLANNING RESOURCES, SCHOLARSHIP AND FINANCIAL AID, AND ACADEMIC SUPPORT.



# FEDERAL EMPLOYEE EDUCATION AND ASSISTANCE

FEEA FUND HELPS FEDERAL EMPLOYEES EVERY DAY THROUGH THERE SIGNATURE PROGRAMS. PROGRAMS INCLUDE EMERGENCY HARDSHIP LOANS, DISASTER RELIEF, SCHOLARSHIPS, TUTORING, AND CHILDCARE SUBSIDIES.



HILL AIR FORCE BASE FOOD RESOURCE GUIDE

### TRANSITION ASSISTANCE PROGRAM

Congressionally mandated program for service members and their families who are separating/retiring from the military to assist in their transition to the civilian sector.

Service Members <u>must</u> start the process no later than 365 days prior to their separation/retirement date and consists of the following:

Initial Counseling

Pre-Separation Briefing

TAP Workshop & additional track workshops

### INSTALLATION VOTING ASSISTANCE

Provides assistance to base personnel regarding absentee ballot, voter registration, and answers questions for all elections, regardless of when they are held, with special emphasis on the period prior to general elections.

Federal Voting Assistance Program: https://www.fvap.gov/

### CASUALTY ASSISTANCE

Provides compassionate assistance in applying for benefits and entitlements in times of injury, illness, or death of an active duty member.

### AIR FORCE FAMILIES FOREVER

Links families of fallen Airmen to resources, support, and information. Facilitates connection between survivors and their nearest military installation.

### SURVIVOR BENEFIT PLAN

Allows a retiree to ensure, after death, a continuous lifetime annuity for their dependents. SBP is a Department of Defense sponsored program that provides up to 55 percent of a service member's retired pay to an eligible beneficiary upon the death of the member.

Prospective retirees are required to make an election with an SBP counselor

### INFORMATION AND REFERRAL

All services provided by Hill-M&FRC are open to all branches of the military, Active Duty Military and their Families, Reservists, National Guard, Retirees and DoD civilian employees.

Looking for a resource? Contact us!

### **Hours of Operation:**

Monday-Friday: 0730– 1630 Wednesday: 0730– 1330

Closed: Federal Holidays

Airman's Attic: 801-586-2699

Tuesday & Thursday: 10 a.m.-2 p.m.
Wednesday: 5 p.m.-7 p.m.
Open to all ranks
Volunteers needed!

# Hill AFB Military & Family Readiness Center



5837 D Avenue, Bldg 150 Hill AFB, UT, 84056 801-777-4681

Website: www.hillfss.com

Facebook: Hill AFB Military & Family

Readiness Center
Instagram: Hill.MFRC

E-mail: 75fss.fsh.workflow@us.af.mil

### **EMPLOYMENT ASSISTANCE**

Support customers in achieving employment, education/training, and career goals

Individual Employment Counseling
Resume Writing (Federal and Private Sector)
Job Search
Local Job Market Information
Mock Interviews
Computer Lab & Printer
Scholarship Resources
Facebook: Hill Career Corner

### **VOLUNTEER RESOURCES**

Collaborates with base agencies in referring base personnel to volunteer opportunities based upon interest and needs.

# EXCEPTIONAL FAMILY MEMBER FAMILY SUPPORT

Designated specialists are available to assist you as you navigate resources. Services include:

clude:
 Information & Referral
 Family Needs Assessment
Activities, network opportunities and events
 Educational Workshops
 AF EFMP Respite Care Information
 Early Intervention/Special Education
Air Force Aid Society Special Needs Grants
 Special Needs Consultation

## PERSONAL FINANCIAL READINESS

Provide information and personal financial counseling to assist members maintain financial readiness

Individual Consultations
Budgeting & Credit Management
Debt Management
Understanding Credit
Home and Car Buying
Saving & Investing
Planning for Retirement
Air Force Aid Society Liaison

### **DEPLOYMENT READINESS**

Provides deployment assistance to help DoD personnel and their families meet pre-deployment, sustainment, reintegration and post-deployment challenges

Help to reduce stress, deal with separation and reintegration, increase individual and family morale, unit cohesion, and support operational readiness.

Facilitates the Hearts Apart Support Program; ensures the well-being, morale, and welfare of families is maintained during a deployment, extended TDY, or remote assignment

One-on-one appointments available

### RELOCATION ASSISTANCE

Provide up-to-date information about your new base and community before you move. The automated database, Military Installations is available at militaryinstallations.dod.mil

> Sponsorship Training Hill Pre-Arrival Orientation Newcomers Orientation Workshops & Resources PCS Childcare

## PERSONAL & WORK LIFE

Assist customers and teams improve interpersonal & relationship skills through the life cycle

> Community Resources Spouse Orientation Bundles for Babies Work & Life Balance Communication Four Lenses

### KEY SUPPORT LIAISON PROGRAM

Unit family readiness program designed to enhance mission readiness and resiliency and establish a sense of community.

Promotes partnerships with unit leadership and families.

## MILITARY & FAMILY LIFE COUNSELOR

Support service members and their families with confidential, non-medical counseling.

Helps individuals address issues such as improving relationships at home and work, stress management, adjustment difficulties, parenting, and grief or loss

Provides group support with briefings and presentations

For an appointment contact:

Adults & Couples:

801-678-6731, 801-644-0493

Child & Youth Behavioral Program:

Child Development Center

801-787-3060

**Hill Field Elementary** 

801-719-7769

0017157705

Youth Center

385-288-2825



# Military Aid Societies Helping Military Families Weather Financial Emergencies

	AIR FORCE AID SOCIETY	ARMY EMERGENCY RELIEF	CGMA MELPING OUR OWN	NAVY-MARINE CORPS RELIEF SOCIETY
Who do they serve?	Airmen, Guardians, and eligible family members including:  * Active Duty  * Guard  * Reserve  * Retired  * Spouses & Children	Soldiers and eligible family members including:  * Active Duty  * Retired  * Army Reserve & National Guard (activated on Title 10 orders for more than 30 days)  * Dependents of qualifying service members  * Surviving spouses who have not remarried  * Children of Soldiers who died on active duty or died after reaching retirement eligibility	Coast Guard members including: * Active Duty * Reserve * Auxiliary * Retired * PHS Officers * Chaplains * Civilian Employees	Sailors, Marines, and eligible family members including: * Active Duty * Retired * Reservists on active duty for 30 days or more
What do they offer?	Emergency assistance through interest-free loans, grants, or a combination  Education support including college scholarships, grants, no-interest education loans  Community programs including child care for PCS and \$100 for baby essentials	Grants, zero-interest loans, and scholarships for spouses and dependents based on needs.  Categories of assistance include housing costs associated with PCS moves, disaster relief, emergency travel, car repairs, and unmet medical expenses and many more.	Interest-free loans, grants, financial counseling, referrals, and other help  Assistance programs focus on situations requiring immediate attention for essentials and solving temporary problems	Financial assistance including interest-free loans, grants, and budget counseling to meet unexpected needs  Emergency travel, disaster relief, health education  Budget for Baby workshops and thrift shops
How do I apply?	Apply online at afas.org, or visit your M&FRC for assistance	Visit one of the 70 AER offices worldwide, Red Cross offices if more than 50 miles from a military installation, or on the AER website starting in 2025	Contact your local CGMA Representative to start the process	Contact your local NMCRS office
Will I need command approval?	No, command involvement is not required	No, command involvement is not required for the first two requests in 12 months	No, command involvement is not required unless request is over \$5,000	No, NMCRS interactions are confidential and NMCRS will not contact your command without your consent
Where can I learn more?	afas.org	armyemergencyrelief.org	mycgma.org	nmcrs.org

Not near a military installation? Need emergency assistance after business hours or during a holiday? Contact the American Red Cross at 1-877-272-7337 and select the financial assistance option.







### AFAS FINANCIAL ASSISTANCE UPDATES

# **STREAMLINED APPLICATION PROCESS**& New Categories of Support

**Air Force Aid Society** (AFAS) provides interest-free loans, grants, or a combination of both to help Airmen, Guardians, and their families manage unexpected financial emergencies and needs.

To better serve the Air and Space Force communities, AFAS is introducing a streamlined application process that consolidates all emergency financial assistance requests into a single application. This change helps eliminate confusion, reduce delays, and ensure consistent and equitable service delivery across all eligibility categories.

In addition, AFAS expanded the list of categories it supports starting in June 2025 to reflect the real-life challenges our military families face.

### **APPLICATION PROCESS CHANGES**

### **★** Falcon Assistance Integrated

This process has been fully integrated into the Standard Assistance process, providing a simplified, consistent way to apply for support.

### **★ No Loan Limit**

Applicants may receive multiple interest-free loans if their financial need is justified and their personal budget supports repayment.

AFAS strongly encourages members to use AFAS interest-free loans as a first option before turning to high-interest or predatory lenders.

### WHAT ASSISTANCE CAN HELP WITH

AFAS provides financial assistance for a wide range of verified needs, including (but not limited to):

- \* Rent, mortgage, or utility bills
- ★ Vehicle repairs, insurance, or fuel
- \* Emergency medical or dental care costs
- ★ Child Care and funeral expenses
- ★ Emergency travel
- ★ Food and personal hygiene items
- ★ Domestic violence support
- ★ Pet emergency surgery or PCS-related pet transportation
- ★ Special needs expenses (EFMP), cranial helmets, and pay/allotment issues

# NEW CATEGORIES OF SUPPORT

(Starting June 2025)

- ★ Adoption expenses
- ★ Furniture costs
- ★ Overseas car rental
- ★ Car Seat/Booster Seats
- ★ Home repair
- **★** Immigration expenses
- ★ Mental health support
- ★ Vehicle shipment costs for PCS moves

### **ELIGIBILITY**

AFAS financial assistance is available to:

- ★ Active-duty Air Force and Space Force members
- ★ Guard and Reserve (regardless of duty status)
- ★ Retirees, surviving spouses, and eligible dependents
- ★ Spouses with a valid Power of Attorney (POA) and dependents enrolled in DEERS (Defense Enrollment Eligibility Reporting System)

### **APPLICATION PROCESS**

## To Apply:

- 1. Visit www.afas.org and click "Request Assistance" at the top of the page
- 2. Register for an account (first-time users) or Sign in (existing users)
- 3. Complete the online application

**Important note:** All applications require supporting documents, and a budget worksheet may also be required depending on the type of request.

### **Repayment Terms:**

Repayment plans vary but typically range up to 24 months, based on the applicant's service timeline and ability to repay.

- ★ Active Duty: Repayments via allotment
- ★ Traditional Guard/Reserve: Repayments via ACH withdrawal
- ★ Retired: Repayment via allotment

AFAS is committed to providing timely responses and ensuring emergency needs are met swiftly and compassionately.

## **MORE THAN EMERGENCY HELP**

AFAS also offers additional programs designed to support financial well-being:

- ★ Financial Education and Budgeting Tools
- ★Educational Scholarships
- ★ Disaster Relief Assistance
- ★ Child Care Assistance through our *Child Care for PCS* and *Give Parents a Break* Programs

These programs are designed to reduce stress, strengthen families, and support mission readiness.

# DON'T SEE A PROGRAM THAT FITS YOUR SITUATION?

If there is a financial need not listed above, please don't hesitate to contact AFAS. We may be able to assist or connect you with trusted resources that can.



### **AIR FORCE AID SOCIETY**

1550 Crystal Drive, Suite 809 Arlington, VA 22202

703.972.2650 www.afas.org



# GROW. LEARN. SUCCEED. EAP IS HERE FOR YOU

Your DAF EAP provides free, confidential resources to support education goals - for you and your household members. Whether you're building new skills for your career, exploring educational options, or planning for the future, EAP is here to help you every step on the way.





# **COACHING SUPPORT**

 Get personalized coaching for life, wellness, education, and career goals.

Let's talk:

Goals, Action plans, Time management, Leadership, Communication skills, Building resilience, Motivation

# POST-SECONDARY PLANNING RESOURCES

Find guidance for every step of the process.

Let's talk:

Applications, Essay writing, SAT/ACT prep, Identifying the right institutions, Moving resources, Study abroad, Graduate school

# **SCHOLARSHIP & FINANCIAL AID**

 Access help locating resources to make education more affordable for you and your household.

Let's talk:

Financial aid, Scholarships, Grants, FAFSA, Subsidized and unsubsidized loans, Essay writing for scholarships

# **ACADEMIC SUPPORT**

Secure the support you need for your learning journey.
Let's talk:

Tutoring, Study skills development, Homework help, Test taking preparation, Time management, Stress management

+ AVAILABLE 24 HOURS A DAY
7 DAYS A WEEK
365 DAYS A YEAR
CALL TOLL FREE: 866-580-9078









# **ELIGIBILITY**

# **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

**Are You Eligible for Free EAP Services?** Simply check off your applicable status to confirm your eligibility for your free Employee Assistance Program:

Regular APF and NAF civilian employee, working either within or outside of the US.
Civilian Part-time Employee Regular APF and NAF civilian part-time employee, working either within or outside of the US.
Disabled Civilian Employee Currently on long-term or short-term disability.
Retired Civilian Employee Within 6 months post-retirement.
Civilian Paid Intern  Meeting minimum qualifying hours and receiving a paycheck from an eligible agency.
Civilian Air National Guard Employee
Civilian Army Employee at Air Force Led Installation Joint Base Langley-Ft Eustis, VA; Joint Base San Antonio, TX (which includes Lackland, Randolph, Kelly, Camp Bullis, Camp Stanley, and Ft. Sam Houston); Joint Base Charleston, SC; Joint Base McGuire-Dix, NJ; Joint Base Lewis-McChord, WA; and Joint Base Andrews, MD.
Spouse of Civilian Employee
Domestic Partner of Civilian Employee
Child of Civilian Employee Dependant of civilian employee.
Student of Civilian Employee No longer a dependent but household member and/or studying and living away from household.
Household Member Residing in the household of a civilian employee.

Confirm your status and access a wide range of EAP services designed to support your wellbeing. Get started with EAP today by calling 866-580-9078 or visit <a href="www.resilience">www.resilience</a>. <a href="mail/workforce-resource">af.mil/workforce-resource</a> to access your free services and support.



Sometimes bad things happen to good people.

# TACING A TRAGEDY?

### DO YOU KNOW A FEDERAL EMPLOYEE WHO:

- Has recently been off work due to serious illness?
- Has a child in the hospital?
- ▶ Had a parent recently pass away?
- Lost their home in a fire?
- Has been a victim of a violent crime?



Please refer them to **feea.org/emergency** for information on our emergency hardship loan program.





We are a national charity and do not charge any fees or interest - if you borrow \$1,000, you pay back \$1,000.

FEEA is the only independent national charity for federal employees and by federal employees. During our more than 30-year history we have helped over 50,000 federal families.



Sign up to get FEEA news and information at **feea.org/subscribe** 

Follow Us:









Special thanks to the thousands of individual donors and BlueCross BlueShield and CareFirst BlueCross BlueShield for their support in expanding our loan program to more families in need.







Tackle debt. Secure your future.
Schedule free financial counseling from Military OneSource.

Financial security is important for everyone and critical to military readiness. You don't need to tackle tough financial questions alone. Connect with an accredited Military OneSource financial counselor.

# How can a financial counselor help?

Military OneSource financial counselors are professionally trained. And they understand military life. Your counselor can offer personalized help with:

- Budgeting
- Managing money
- Reducing debt
- · Saving for college
- Weighing investment and saving options for retirement
- Filing taxes with MilTax
- Supporting your negotiations with creditors on things like late fees, payment plans and foreclosures.

# Who is eligible?

Financial counseling is free to all active-duty service members, National Guard and reserves, recently separated service members, military families and survivors.

### How does it work?

You can meet with a financial counselor in person, by phone or video chat. Because financial needs change over time, there is no limit on sessions.

Financial counseling sessions are free and confidential.

Call Military OneSource at 800-342-9647 to schedule a consultation with a financial counselor. Or connect online at www.MilitaryOneSource.mil.









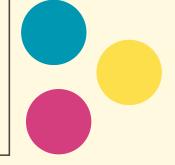


# FOOD & FINANCES RESOURCES



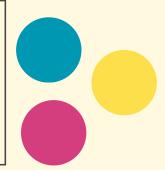
# **MILITARY ONE SOURCE**

DEFENSE DEPARTMENT RESOURCES.THE DOD REMAINS COMMITTED TO HELPING TODAY'S WARFIGHTERS REMAIN MISSION-READY, WHICH INCLUDES ENSURING OUR MILITARY COMMUNITY HAS ACCESS TO AFFORDABLE, NUTRITIOUS FOOD.



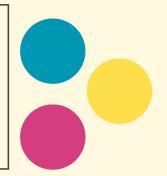
# **AMERICAN RED CROSS**

WORKS IN PARTNERSHIP WITH MILITARY AID SOCIETIES TO PROVIDE QUALITY, RELIABLE FINANCIAL ASSISTANCE TO ELIGIBLE APPLICANTS 24/7/365. ASSISTANCE CAN INCLUDE FUNDS FOR EMERGENCY TRAVEL, BURIAL OF A LOVED ONE, EMERGENCY FOOD AND SHELTER.



# **UTAH DEPARTMENT OF WORKFORCE SERVICES**

EMPLOYMENT SERVICES FOR VETERANS, U.S. MILITARY MEMBERS AND SPOUSES



## SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

SNAP BENEFITS HELP ELIGIBLE LOW-INCOME PEOPLE SUPPLEMENT THEIR FOOD BUDGETS SO THEY CAN PURCHASE FOOD. IF YOU QUALIFY, YOU WILL RECEIVE AN ELECTRONIC BENEFIT TRANSFER (EBT) CARD TO HELP YOU BUY FOOD AT AUTHORIZED SNAP GROCERY STORES AND FARMERS MARKETS.



HILL AIR FORCE BASE X FOOD RESOURCE GUIDE



**FOOD AND NUTRITION SERVICE** 

# **SNAP Eligibility**



# What is the Supplemental Nutrition Assistance Program (SNAP)?

SNAP benefits help eligible low-income people supplement their food budgets so they can purchase food. If you qualify, you will receive an Electronic Benefit Transfer (EBT) card to help you buy food at authorized SNAP grocery stores and farmers markets. Look for signs that say, "We accept SNAP benefits." Benefits are put on the card each month during the time you are approved to receive them. After that, if you still want to qualify for SNAP, you have to apply again to see if you are eligible.

# What are the financial requirements to qualify for SNAP benefits?

Your resources and income must be below certain limits.

### RESOURCES:

- What is a resource in SNAP? Checking or savings accounts are resources in SNAP. In some States, more than one car is a resource.
- What is not a resource in SNAP? Your home is not a
  resource in SNAP. The resources of people who receive
  Temporary Assistance for Needy Families (TANF) or
  Supplemental Security Income (SSI) do not count as
  resources in SNAP eligibility.
- What is the resource limit? Resource limits vary by State, so check with your <u>local office</u>.

### INCOME:

 What is income in SNAP? There are two types of income inSNAP. There are limits for both types. Gross Income is your total income from all sources including wages from work, disability payments, veterans' benefits, or pensions. Net Income is the amount left over after certain deductions from income.

- What deductions are allowed? Deductions from income are items such as utility costs, child support payments, child or dependent care payments, and monthly medical expenses over \$35 for people age 60 or older or disabled people, which are subtracted from your gross income to determine your net income.
- What are the income limits? The gross income limit for SNAP varies by State, so check with your <u>local office</u>. In every State, your net income must be below 100 percent of the Federal poverty level, about \$2,000 per month for a household of four.
- Do I have to meet two income limits? Most households
  must meet both gross and net income limits. If everyone
  in your household receives Supplemental Security Income
  (SSI) or Temporary Assistance for Needy Families (TANF),
  there are no income limits to meet. Households with people
  age 60 or older or a disabled member do not have to meet
  the gross income limit.

# What are the non-financial requirements for SNAP?

People convicted of drug-related felonies may not be eligible. College students are not eligible, unless they meet certain work requirements or other exceptions. Undocumented immigrants are not eligible for SNAP. Check with your local office for more information.

### What are the work requirements for SNAP?

Most people must register for work, not voluntarily quit their job, take a job if offered, or participate in an employment and training program if assigned to one. If you are an able-bodied adult with no children, there may be other work requirements. Check with your local office.

### **SNAP ELIGIBILITY**

## How do I apply for SNAP?

- Get an application from your local office or use your State's online application if it has one.
- Fill out as much of the application as you can. At a minimum, fill out your name, address, and signature. This is enough to start the application process.
- Submit the application to your local office or according to the online instructions.
- Have an interview in person or by phone.
- Show the local office papers like pay stubs, rent or mortgage payments, utility bills, child or elder care bills, and child support payments to verify your income and expenses. The local office will tell you exactly what information you need.

• If the office tells you to mail in specific items, only send copies. Do not send original documents because you may not get them back.

### What should I do if there is a mistake on my case?

If you do not agree with a decision made on your SNAP case or if you think there is a mistake, you can request a fair hearing. Make this request in person at your local office, by phone, or by mail within 90 days from the date of the State's decision.

### What should I do if I have questions?

Contact your local office. Only the local or State office can make an eligibility decision or answer specific questions about your application or your case.

# You May Qualify for WIC Benefits! Check your eligibility today

The Special Supplemental Nutrition Program for Women, Infants, and Children provides several important benefits that help you and your family lead healthier lives.

> Your service to our country deserves the best support. Let WIC be part of your family's health and nutrition.



# Who is Eligible?

- Check the USDA to see if you are eligible and how to apply.
- Pregnant, postpartum, and breastfeeding individuals.
- Infants and children up to age five.
- Families who meet income guidelines (your military income may qualify!).

# What Does WIC Provide?

- Healthy foods tailored to your family's needs.
- Nutrition education to help you make the best choices for your loved ones.
- Breastfeeding support and referrals to health and social services.

USDA Check if you're Eligible and How to Apply



Nearest WIC clinic 22 State St, Clearfield, UT 84015 **Davis County** 

Phone: (801)525-5010





# **DAVIS COUNTY**

# HTTPS://WWW.DAVISCOUNTYUTAH.GOV/HEALTH/DAVISLINKS

DAVIS COUNTY JUST ROLLED OUT "DAVIS LINKS" AND YOU CAN FIND FOOD, HOUSING, LEGAL ASSISTANCE ACCORDING TO YOUR ZIP CODE.

# **WEBER COUNTY**

# HTTPS://WWW.FINDHELP.ORG/FOOD/FOOD-PANTRY-OGDEN-UT

PLEASE CLICK THE LINK TO FIND FOOD AND FINANCIAL RESOURCES IN WEBER COUNTY. YOU WILL ALSO FIND INFORMATION ON THE ATTACHED FLYER.

# **MORGAN COUNTY**

# HTTPS://WWW.MORGANUTAH.GOV/COMMUNITY/PAGE/MO RGAN-COUNTY-FOOD-PANTRY

PLEASE CLICK THE LINK TO FIND FOOD AND FINANCIAL RESOURCES IN MORGAN COUNTY. YOU WILL ALSO FIND INFORMATION ON THE ATTACHED FLYER.

# **UTAH RESOURCE**

# HTTPS://211UTAH.ORG/

211 UTAH IS THE STATE'S LEADING RESOURCE NETWORK CONNECTING UTAHNS IN NEED WITH LOCAL HEALTH AND HUMAN SERVICES. SUPPORTED BY UNITED WAYS OF UTAH, THIS VITAL SERVICE IS FREE AND CONFIDENTIAL.



# **Davis County Food Pantries**



## **BountifulCommunity Food Pantry**

480 E.150NBountiful, UT84010

M-F: 11am-1pm T-W: 6pm-8pm Sat: 10am-12pm 801-299-8464

# Clearfield

# **N4C Church- CityHope**

562 S. 1000 E. Clearfield, UT 84015 (Special Drive) 2nd Saturday of month: 9:00am 801-309-0478

# Kaysville LDS Bishop's Storehouse

355 MainStreet, Kaysville, UT84037 M, W, F: 10am-3pm T, Th: 10am-6pm 801-546-2423

## Call toschedule an appointment

# Layton

## **Fish-N-Loaves Food Pantry**

1322 N Hill Field Road, Layton, UT 84041

### Only by appointment

801-544-2426

LDS Bishop's Store House

930W. HillFieldRoad,SuiteF.Layton, UT 84041

T-Sat: 9am-3pm 801-336-3200

Call to schedule an appointment

## **Open Doors**

875 E.UT-193,Layton, UT 84041

T-W: 9am-4pm F: 9am-1pm 801-771-4642 Updated: 06/2024 The pantry staff will place pre-selected food into your vehicle in a drive-thru fashion



# **North Salt Lake**

# CenterofHopeFoodPantry

74S. OrchardDr.NorthSaltLake,UT 84054

Mon: 4pm-6pm Wed: 3pm-6pm Sat: 10am-1pm 801-706-3101

## **Hope Center Utah**

795 N Main Street, Suite 2, Clearfield, UT 84015

T-Th: 10am-2pm

Main event on the 3rd Saturday of each month

801-837-4673

Call to schedule an appointment for

counseling



# **Need Food Help?**

# **Morgan & Weber Counties**

# Federal Nutrition Programs

# **SNAP (Food Stamps)**

SNAP, or the Supplemental Nutrition Assistance Program (formerly known as food stamps) provides monthly food assistance to low-income individuals and households through an electronic benefits transfer card (EBT) known as the Horizon Card. SNAP benefits can be used to purchase any foods other than hot prepared meals. Most grocery stores in Utah accept SNAP.

See Chart A below for eligibility. You can apply for SNAP online at <a href="https://jobs.utah.gov/mycase/">https://jobs.utah.gov/mycase/</a> or in person (Monday-Friday 8am-5pm) at your local Department of Workforce Services (DWS) Employment Center:

**DWS - Employment Center** 480 27th Street Ogden, UT 84401 (866) 435-7414

## **Expedited SNAP**

Normally, SNAP (food stamp) applications are processed within 30 days. However, you can receive your SNAP benefits in 7 days, if:

- You are in a household with less than \$150 in monthly gross income and have less than \$100 cash on hand.
- You are in a household whose combined monthly gross income and liquid assets are less than the household's monthly utilities and rent/mortgage.
- No verification is required at the time of application. Any necessary verification must be submitted within 30 days of initial application.

Same day benefit issuance is possible if you already have an EBT card.

Are You Eligible?					
	Chart A SNAP & Free School Meals, CSFP Boxes	Chart B WIC & Reduced-Price School Meals			
Household Size	To qualify, your gross monthly income must be less than:				
1	\$1,473	\$2,096			
2	\$1,984	\$2,823			
3	\$2,495	\$3,551			
4	\$3,007	\$4,279			
5	\$3,518	\$5,006			
6	\$4,029	\$5,734			
CHART A: For additional family member add \$479 CHART B: For additional family member add \$682					

## **Using SNAP at Farmers Markets**

You can use your SNAP EBT benefits at over 20 farmers markets and farm stands across Utah. Some locations also match SNAP benefits (up to \$30 per market day) with Double Up Food Bucks tokens that can be used to purchase fresh fruits and veggies. Find a participating farmers market & farm stand near you at <a href="https://www.uah.org/get-help/snap-farmers-market">https://www.uah.org/get-help/snap-farmers-market</a>

### **Create Better Health SNAP Education**

Create Better Health provides nutrition education to SNAP recipients and eligible households. Create Better Health offers a variety of classes to expand participants' knowledge of nutrition, budgeting, cooking, food safety, and physical activity for persons eligible for SNAP. Learn more at https://extension.usu.edu/createbetterhealth

 Morgan County
 Weber County

 48 West Young St.
 1181 North Fairgrounds Dr.

 Morgan, UT 84050
 Ogden, UT 84404

 (801) 829-3472
 (801) 399-8200

### Free & Reduced Price School Meals

The National School Lunch Program and School Breakfast Program operate in most public and nonprofit private schools and residential child care institutions. Immigration, migrant, citizenship or refugee status is not asked for during the application process. Families can apply at any time during the year. Parents and children do not need to be citizens to be eligible for school meal programs. See Charts A & B for eligibility. Contact your child's school to apply, or find a link to your school application here: https://uah.org/get-help/school-meals

## Summer Food Program

The Summer Nutrition Program provides free meals and snacks to all children 18 and under when school is not in session. To find a summer food location near you, text FOOD to 304304 or call 1-800-453-3663

# WIC (Women, Infants & Children) Supplemental Food Program

The WIC program provides supplemental food such as milk, infant formula, eggs, cheese, juice, cereals, beans, fruits, and vegetables to pregnant women, nursing mothers, infants, and children under the age of 5, who are low income and at nutritional risk. WIC benefits are redeemable at most grocery stores. See *Chart B* for eligibility.

To apply for WIC benefits call your local WIC office to set up an appointment:

**Ogden** 455 23rd St. Ogden, UT 84401 (801) 399-7200